



PATIENT ASSISTANCE PORTAL

FINANCIAL ASSISTANCE RESOURCES

Click a section title in the Table of Contents to jump to that section.

Consulta Recursos de Asistencia Financiera para hispanohablantes

Table of Contents

KEY RESOURCES	1
GOVERNMENT BENEFITS	2
DENTAL ASSISTANCE	3
BABY PRODUCTS	4
FOOD	5
GRANTS	6
INSURANCE: COPAYS, DEDUCTIBLES, PREMIUMS & OTHER HELP	7
MEDICATIONS	
MEDICAL ITEMS	10
MEDICAL TRAVEL	11
MENTAL HEALTH RESOURCES	12
LITILITIES	13

KEY RESOURCES

LOCAL HELPING PROFESSIONALS

Check with helping professionals you have access to locally. This could be your county assistance office, HTC or hospital social worker, physician, faith leader, therapist, adoption caseworker, school social worker, social services caseworker, attorney, staff at a community center, or anyone else who may be able to connect you with the services or assistance you need.

YOUR LOCAL BLEEDING DISORDER ORGANIZATION

https://www.hemophiliafed.org/our-role-and-programs/what-is-hfa/member-organizations/

Find your local HFA member organization using the website above. Visit their website or call to learn about the educational or financial assistance resources they offer. See how you may be able to connect with other folks in your area who understand your experience.

FINDHELP.ORG BY AUNT BERTHA

https://www.findhelp.org/

Search for services in this web database using your zip code. The database includes several types of free or reduced cost services like medical care, food, job training, and support for utilities, housing, and childcare. Search results will include local and national nonprofits and government agencies.

UNITED WAY 211

www.211.org Dial 2-1-1 (in most states)

Provides free and confidential information and referrals to local services including housing, food, employment, healthcare, counseling, and more. Phone help is accessible 24 hours a day and in 180 languages. Check the website or call your local United Way to see if your state offers this service.

PATIENT ADVOCATE FOUNDATION

https://www.patientadvocate.org/ 800-532-5274

Patient Advocate Foundation assists patients who have been diagnosed with serious illness overcome healthcare access barriers. PAF provides in-depth assistance through personalized case management, financial support, and connection to critical community resources. PAF serves uninsured and insured patients across the country at no charge

- National Financial Resource Directory https://www.patientadvocate.org/explore-our-resources/national-financial-resource-directory/ The directory includes a wide range of assistance types including caregiver support, copays, dental care, eye care, basic needs and more.
- Rare Disease Care Line 1-800-532-5274 https://raredisease.pafcareline.org/ Helps U.S. citizens and permanent residents diagnosed with a rare disease find charitable and community resources; enroll in health insurance, disability and social programs; and navigate insurance denials, appeal support, and coding/billing issues.
- Education Resource Library https://www.patientadvocate.org/explore-our-resources/education-resource-library/

FINANCIAL RESILIENCE CENTER

https://www.nationaldisabilityinstitute.org/financial-resilience-center/

Offers tips for money management during the COVID-19 pandemic plus information about stimulus funds, employment, unemployment, public benefits, money management, housing, food, and more. Users can get free <u>financial counseling or coaching</u>.

back to top

GOVERNMENT BENEFITS

BENEFITS.GOV FROM THE U.S. GOVERNMENT

www.benefits.gov

- https://www.benefits.gov/benefit-finder Use the Benefit Finder to find out what government benefits you are eligible for. The site guides you through a questionnaire.
- https://www.benefits.gov/categories Browse by category to find out benefits related to your specific need, like education, children, food, or energy.

BENEFITSCHECKUP.ORG FROM THE NATIONAL COUNCIL ON AGING

https://www.benefitscheckup.org/

This resource is a comprehensive, free, and secure online tool that connects older adults with the benefits they may qualify for.

DISABILITYSECRETS.COM BY NOLO

https://www.disabilitysecrets.com/

Visit this website to learn about disability benefits, including who's eligible, how to apply, what the application process looks like and how to appeal a denial. You can also browse disability lawyers by state.

https://www.disabilitysecrets.com/resources/is-social-security-disability-available This article discusses how people with bleeding disorder might be eligible to apply for disability benefits.

PSI ACCESS PROGRAM

https://www.patientservicesinc.org/patients/access-program/ 1-888-700-7010

Advocating for Chronic Conditions, Entitlements and Social Services (ACCESS) is a *free* legal aid program for families facing chronic medical conditions. They provide legal assistance and representation to help patients nationwide with Social Security Disability (SSDI) and Supplemental Security Income (SSI) claims. they also assess eligibility for Medicare and Medicaid.

SOCIAL SECURITY-INFORMATION FOR HELPING OTHER PEOPLE

https://www.ssa.gov/thirdparty/

A page of resources created for individuals who are helping a family member or friend apply for benefits.

4 PROGRAMS THAT CAN HELP YOU PAY YOUR MEDICAL EXPENSES

https://www.medicare.gov/Pubs/pdf/11445-4-Programs-that-Can-Help-You-Pay-Your.pdf

There are federal and state programs available for people with Medicare who have income and resources below certain limits. These programs may help you save on your health care and prescription drug costs. This fact sheet includes information about the following programs: Medicaid, Medicare Savings Programs, Supplemental Security Income (SSI) Benefits, Extra Help.

YOUR COUNTY ASSISTANCE OFFICE

Most counties have an office dedicated to assisting residents with government services. The office in your area may be called "County Assistance Office" or something else but is usually run by a department like Health and Human Services, Social Services, or Public Welfare. If you're not sure where to turn, ask at your local community center, government agency you utilize, health care organization, or United Way agency.

back to top

DENTAL ASSISTANCE

AMERICA'S DENTIST CARE FOUNDATION

https://adcf.net/attend-volunteer/

Find out about free clinics coming to your area supported by America's Dentists Care Foundation. Please note that many clinics have been cancelled for 2020 due to COVID-19.

DENTAL LIFELINE NETWORK

https://dentallifeline.org/donated-dental-services-dds-application/ 303-534-5360

If you have a permanent disability, are over 65 years old, or have a chronic and serious illness and don't have enough money to pay for dental care, you may qualify for free treatment through the DDS program. The Donated Dental Services (DDS) program provides free, comprehensive dental treatment to our country's most vulnerable through a volunteer network in each state. Visit the website to find qualification guidelines and complete an application.

FRIENDS OF MAN

https://www.friendsofman.org/

Provides assistance including dental for residents of Colorado. Applications must be submitted by a referring professional. Visit https://www.friendsofman.org/apply-step-1.php for more information.

MEDICAID.GOV

https://www.medicaid.gov/medicaid/benefits/dental-care/index.html

Find out who to call in your region: https://www.medicaid.gov/about-us/contact-us/index.html
States are required to provide dental benefits to children covered by Medicaid and the Children's Health Insurance Program (CHIP), but states choose whether to provide dental benefits for adults.

MEDICARE.GOV

https://www.medicare.gov/coverage 1-800-MEDICARE

Find out if Medicare covers the procedure you need by using the website lookup tool or calling.

HEALTH AND HUMAN SERVICES

https://www.hhs.gov/programs/social-services/health-care-facilities/index.html

This page from the US Department of Health and Human Services provides links to find a healthcare facility/provider or compare facilities/providers.

back to top

BABY PRODUCTS

NATIONAL DIAPER BANK NETWORK

https://nationaldiaperbanknetwork.org/member-directory/ call 2-1-1 and ask about diapers

There is a national network of diaper bank programs that provide diapers and may also provide other baby supplies and menstrual products. Use the link above to look up a bank near you or call 2-1-1 or contact your local community center, hospital, doctor, or county assistance office.

FEEDING AMERICA FOOD BANKS

https://www.feedingamerica.org/find-your-local-foodbank

Many food banks provide baby food, formula and diapers. Look up and contact your local food bank to ask.

back to top

FOOD

FEEDING AMERICA FOOD BANKS

https://www.feedingamerica.org/find-your-local-foodbank

Find local food banks by entering your ZIP on the Feeding America website. Feeding America food banks serve students and parents through the School Pantry Program and BackPack Programs.

SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM)

https://www.fns.usda.gov/snap/recipient/eligibility

https://www.fns.usda.gov/snap/state-directory

Find out if you are eligible for SNAP benefits (aka food stamps) to purchase groceries and look up the contact information for the SNAP office near you or call 2-1-1 or your county assistance office.

GOVERNMENT FOOD PROGRAMS OTHER THAN SNAP

https://www.fns.usda.gov/contacts

This website lets you look up contact information by state for programs like Summer Food Programs, Famer's Market programs, and more. Or call 2-1-1, your county assistance office, or your local health department, community center, school, or hospital to inquire.

MEALS ON WHEELS

https://www.mealsonwheelsamerica.org/find-meals 1-888-998-6325

Meals on Wheels has 5,000+ independent local programs that deliver meals to seniors at home for free or on a voluntary sliding scale contribution. Use the website above or call to learn about programs and eligibility in your area. Please note that provider operating status, capacity and/or delivery schedules might vary during the pandemic.

MOM'S MEALS

https://www.momsmeals.com/how-it-works/how-to-qualify-for-home-delivered-meals/

1-877-508-6667

If you are disabled, over 65, on Medicaid or Medicare, you may qualify for government or health plan assistance to receive Mom's Meals delivered at little or no cost. Contact your Medicaid/Medicare plan or your caseworker through your local Area Agency on Aging or Social Security Administration.

SCHOOL MEALS- FREE AND REDUCED PRICE

https://www.fns.usda.gov/school-meals/applying-free-and-reduced-price-school-meals

Contact your child's school or school district.

You may apply any time during the school year by submitting an application to your school or district. If you received SNAP (Supplemental Nutrition Assistance Program aka food stamps) or TANF (Temporary Assistance for Needy Families) benefits your children who attend school automatically qualify for free school meals. If you are eligible for unemployment or WIC you may also be eligible.

RECIPES ON A BUDGET

https://hungerandhealth.feedingamerica.org/healthy-recipes/

Check out this website for healthy recipes that are also budget-friendly.

MIGHT BE VEGAN

https://www.mightbevegan.co/

A plant-based media and marketing consultancy. Their Food Love program is a national, direct-to-door hunger relief effort providing families in need with nutritious, plant-based food at no cost to them. The program serves families in 48 states and Washington DC. You must be referred by a social worker or case worker at https://www.mightbevegan.co/foodlove

SENIORS- COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

https://www.fns.usda.gov/csfp/eligibility-how-apply

Look up your state contact or call your county assistance office.

Low-income persons age 60 and older who meet certain income guidelines and live in a participating state or reservation can receive packages of food. To find the CSFP contact in your area, visit https://www.fns.usda.gov/contacts. Select your state in the "Select State" dropdown menu and select Commodity Supplemental Food Program in the "By Program" dropdown menu.

WIC (WOMEN, INFANTS, AND CHILDREN)

http://www.fns.usda.gov/WIC/

The supplemental Nutrition Program for Women, Infants and Children (WIC) provides nutritious foods, nutrition and breastfeeding education, and healthcare access to protect low-income women infants, and children up to age 5. Visit the website to find out if you're eligible or contact 2-1-1, your county assistance office, or your local health department, community center, school, or hospital to inquire.

back to top

GRANTS

COALITION FOR HEMOPHILIA B'S B CARES PATIENT ASSISTANCE PROGRAM

https://www.hemob.org/bcares-emergency-assistance-fund

212-520-8272

Provides urgent help to individuals or families affected by hemophilia B when faced with specific critical needs. These crisis situations may include housing, transportation, and utility bills. Individuals must have a diagnosis of hemophilia B and/or be immediate family members in the same home; must be under the care of appropriate medical provider; must explain a hardship; must provide proof of income and budget and copies of bills; must provide medical note of why they can't work with copies of medical visits/bills. Complete and submit the two page application found online.

COLBURN-KEENAN FOUNDATION

http://colkeen.org/individual-financial-assistance-grants/ 1-800-966-2431

Provides financial assistance to individuals and families living with chronic conditions, with priority placed on those living with bleeding disorders. Individual Financial Assistance Grants provide up to \$2,000 to cover unexpected medical expenses, utility bills, small appliances, transportation to treatment, rent, and medical alert jewelry.

HFA'S HELPING HANDS EMERGENCY ASSISTANCE PROGRAM

https://www.hemophiliafed.org/emergencyassistance 202-675-6984

HFA's Emergency Assistance program that can provide help with one bill for urgent living expenses such as housing, transportation, and utility bills. You must be referred by an eligible referrer (a physician, nurse, or social worker from your treatment center, a private physician, a representative from a bleeding disorder organization or a homecare representative). Your referrer cannot be an employer or family member.

HOPE FOR HEMOPHILIA ASSISTANCE

https://www.hopeforhemophilia.org/applications.html 888-529-8023

Hope Charities provides assistance to people experiencing crisis caused by a bleeding disorder. Support is a maximum of \$1,000 for utilities, food, housing, clothing, communication, medical expenses, transportation, and medical equipment. Complete the application online. The organization also offers Benevolence funds and Disaster Relief and can help patients set up a fundraising account to raise funds from the patient's community.

KEEP SWIMMING FOUNDATION

https://www.keepswimmingfoundation.org/ 262-264-8881

Keep Swimming Foundation provides relief to families of critically ill patients who require extended inpatient medical care at an accredited hospital through micro grants ranging from \$250 to \$3,000. Apply online. To be considered for a grant:

- Patient must be receiving care at an accredited hospital within the U.S.
- Patient must be receiving inpatient medical treatment at an accredited hospital for a minimum of twenty-one (21) consecutive calendar days within the quarter they are applying.
- The need for extended inpatient medical care for a reason outside their control.

NORD COVID-19 RELIEF PROGRAMS

https://rarediseases.org/for-patients-and-families/help-access-medications/patient-assistance-programs-2/#toggle-panel-14

The NORD COVID-19 Critical Relief Program and the NORD COVID-19 Premium and Medical Relief Program provide assistance to the rare disease/rare cancer patient who has been directly impacted by the COVID-19 pandemic i.e., job loss, reduced work hours, quarantine, etc. Click the link and scroll down the page to see eligibility guidelines.

UNITED HEALTHCARE CHILDREN'S FOUNDATION

https://www.uhccf.org/apply-for-a-grant/ 1-855-698-4223

Provides medical grants to help children gain access to health-related services not covered, or not fully covered, by a commercial health insurance plan. Do not need to have United Healthcare to be eligible.

back to top

INSURANCE: COPAYS, DEDUCTIBLES, PREMIUMS & OTHER HELP

*For manufacturer assistance programs for the under- and un-insured please refer to other PDFs on the Patient Assistance Portal at http://www.hemophiliafed.org/patientassistanceportal

OPEN ENROLLMENT GUIDE

https://www.hemophiliafed.org/home/for-patient-families/navigate-insurance/open-enrollment-guide/ The HFA website has information on open enrollment and on getting insurance coverage.

FINDING AFFORDABLE INSURANCE COVERAGE

https://www.healthcare.gov/ 1-800-318-2596 (TTY: 1-855-889-4325)

Find out if you can enroll in a health insurance plan right now and if you are eligible for a reduced rate. Visit the website or call the phone number (available 24 / 7 except holidays).

HFA'S PROJECT CALLS

www.hemophiliafed.org/project-calls 202-836-2530

If you have experienced issues with your insurance company, HFA wants to hear your story! Project CALLS (Creating Alternatives to Limiting and Lacking Services) collects information from the bleeding disorders community about challenging insurance situations so we can advocate for better policies and practices. Take 5 minutes to report your denial, lengthy prior authorization, or other issues.

THE ASSISTANCE FUND

https://tafcares.org/patients/ 844-282-5802

The Assistance Fund manages almost 70 programs covering specific illnesses, including hemophilia and hepatitis C. Programs accept new applicants at different times. See <u>eligibility</u> and the FAQ for more information. Assistance for hemophilia includes:

- Copay Assistance for your portion of prescription medication cost after insurance.
- Health Care Assistance for out-of-pocket copays, coinsurance, deductibles, and incidental medical expenses.
- Insurance Premium and Incidentals

PATIENT ACCESS NETWORK (PAN) FOUNDATION HEMOPHILIA TREATMENT ASSISTANCE

https://panfoundation.org/index.php/en/patients/assistance-programs/hemophilia

1-866-316-7263

Financial assistance up to \$2,900 per year for co-payments, co-insurance and deductibles to financially and medically qualified patients, including those insured through federally administered health plans such as Medicare.

- Patient must be getting treatment for hemophilia.
- Patient must have health insurance that covers qualifying medication or product.
- Patient's medication must be listed on PAN's list of covered medications (see website).
- Patient must reside, and receive treatment in, the US. US citizenship is not a requirement.
- Patient's income must fall at or below 400% of Federal Poverty Level.

PATIENT SERVICE INCORPORATED (PSI) FINANCIAL ASSISTANCE

www.patientservicesinc.org 1-800-366-7741

PSI can assist with health insurance premiums, copayments/co-insurance, travel expenses, ancillary items, infusion and nursing services. Click "Patients" and "Illnesses" to look up the programs available based on your type of insurance and illness. PSI has a "first come, first served" policy so assistance is based on eligibility and availability of funds.

PATIENT SERVICE INCORPORATED (PSI) A.C.C.E.S.S. PROGRAM

<u>www.patientservicesinc.org</u> Patient Advocate: 1-888-700-7010 Legal Support: 877-851-9065 ACCESS helps families navigate the maze of entitlement programs (e.g. Medicare, Medicaid) and health insurance coverage under the Affordable Care Act, COBRA and HIPPA. They also have a legal support hotline for the bleeding disorder community to give guidance about health insurance, appeals, accommodations at work or school, and the Family and Medical Leave Act.

PATIENT ADVOCATE FOUNDATION CASE MANAGEMENT

https://www.patientadvocate.org/connect-with-services/case-management-services-and-medcarelines/ 1-800-532-5274

Provides case management to identify and reduce challenges to care for people with a chronic diagnosis. Case managers strive to reduce everyday stress compounded by insurance frustration and mishaps, and to ensure that financial pressures do not compromise quality care. Working alongside patients or their loved ones, they take the lead on some of the most complex healthcare challenges and bring decades of collective experience to the problem. See criteria for free case management services.

Specialized case management through the MedCareLine division is available for patients and caregivers with specific illnesses. Case managers can help with disability, prior authorizations, appeals, second opinions, clinical trial screenings, and referrals for financial support.

- Hepatitis C CareLine: (844) 737-6676 or https://hepatitisc.pafcareline.org/
- HIV, AIDS, and Prevention CareLine: (844) 737-6674 or hivoraids.pafcareline.org
- Personalized Medicine CareLine (866) 460 1928 or <u>personalized medicine.pafcareline.org</u> for patients interested in genomic or genetic testing to make treatment decisions; caregivers and providers encountering barriers accessing targeted therapies, immunotherapies, clinical trials.

PATIENT ADVOCATE FOUNDATION CO-PAY RELIEF PROGRAM

https://copays.org/portal/#/login 866-512-3861

Provides up to \$3,000 in financial assistance to each eligible COVID-19 patient. The funds can be used for co-pay, co-insurance, deductible (medications and office visits), over the counter medications and medical insurance premiums. You can apply online or over the phone.

HEALTH INSURANCE DENIALS AND APPEALS: DON'T TAKE NO FOR AN ANSWER, A PAF TRAINING SERIES

https://bit.ly/3sosGoi

A free webcast training series that walks you through the process of identifying and successfully addressing a health insurance denial. This training series is designed to be taken in sequence, and each module takes just 20 minutes or so to complete. The modules are available on-demand.

KIDS' WAIVERS

https://www.kidswaivers.org/

A compilation of information about Medicaid waivers, Katie Beckett or TEFRA programs, and other programs for children with disabilities or medical needs. To learn more about specific programs, you can compare states and obtain basic information using the sortable <u>full list of programs</u>.

back to top

MEDICATIONS

*For manufacturer product assistance programs please refer to other PDFs on the <u>Patient Assistance</u> Portal at http://www.hemophiliafed.org/patientassistanceportal

NEEDY MEDS

http://www.needymeds.org/ 1-800-503-6897

A nonprofit that helps people access patient assistance programs for medications and health care costs like prescription assistance, medical transportation, scholarships, medical transportation, coupons, discount cards, and more.

MEDICINE ASSISTANCE TOOL

https://medicineassistancetool.org/

This search engine provides resources and information about different programs that might lower your out-of-pocket expenses.

RX HOPE

https://www.rxhope.com/

A web-based information resource to help low-income US residents access patient assistance programs.

RX OUTREACH

http://rxoutreach.org/ 1-888-RXO-1234 (1-888-796-1234)

A patient assistance program that provides discounts on prescription drugs.

RX ASSIST

https://www.rxassist.org/

RxAssist offers a comprehensive database of patient assistance programs, which are programs that provide free medications to people who cannot afford to buy their medicine. On their website, you can also find practical tools, news, and articles.

back to top

MEDICAL ITEMS

FRIENDS OF MAN

https://www.friendsofman.org/

Provides assistance with protheses, wheelchairs, medical equipment, mobility equipment. Hearing aids for residents of CO, KS, NE, NM, WY, MT. Plus eyeglasses, dental, clothing, daycare, prescriptions, and more for residents of Colorado. Visit https://www.friendsofman.org/apply-step-1.php to request an application. Applications must be submitted by a referring professional.

HFA'S HELPING HANDS ITEMS ASSISTANCE PROGRAM

https://www.hemophiliafed.org/home/our-role-and-programs/assisting-and-advocating/financial-assistance/helping-hands-items-reimbursement/ **202-675-6984**

Helping Hands Items Assistance program can assist with the cost of durable medical equipment (e.g. mobility supports, protective gear, ice packs, medical alert jewelry, etc.) if you cannot afford the items and/or insurance does not cover the cost. Options include reimbursement with receipt or upfront purchase. Applicants can apply themselves or have a professional referral. Further medical documentation is required. Multiple requests throughout calendar year are permitted.

SILVER CROSS

https://www.silvercross.com/ 1-844-352-7677

Provides assistance in accessing recycled and new healthcare equipment.

NORD'S MEDIC ALERT ASSISTANCE PROGRAM

https://bit.ly/3qZK55l 203-616-4325

The program provides eligible individuals with a MedicAlert product and 3-years of membership. You may be referred to the program by your health care provider or case managers, or you may self-refer. For more information or to apply contact the program at 203-616-4325 or via email at medicalert@rarediseases.org

back to top

MEDICAL TRAVEL

ANGEL FLIGHT CENTRAL, INC.

https://angelflightcentral.org/ 1-866-569-9464

Angel Flight Central (AFC) is a volunteer non-profit 501(c)(3) organization whose mission it is to "Serve people in need by arranging charitable flights for health care or other humanitarian purposes." People in need apply for help traveling to distant medical care and volunteer pilots sign up to take the flight. Visit the website to learn how it works!

AIR CHARITY NETWORK

http://aircharitynetwork.org/

Air Charity Network provides free air transportation to medical facilities for people that are financially distressed or unable to travel on public transportation. They provide air transportation across the nation. Visit their website for more information and to request a flight.

MERCY MEDICAL ANGELS

https://www.mercymedical.org/

Mercy Medical provides free air and/or ground transportation to patients with financial needs. Visit their website to request assistance for air transportation or ground transportation (gas cards, bus or train tickets).

HEALTHCARE HOSPITALITY NETWORK

http://www.hhnetwork.org/ 1-800-542-9730

HHN is a nationwide professional association of nearly 200 unique, nonprofit organizations that provide lodging and support services to patients, families and their loved ones who are receiving medical treatment far from their home communities. Search the list by clicking "Find Lodging." Please note that due to COVID-19, some hospitality houses may be offering limited services or are temporarily closed.

HFA'S HELPING HANDS INHIBITOR SUPPORT PROGRAM

https://www.hemophiliafed.org/home/our-role-and-programs/assisting-and-advocating/financial-assistance/helping-hands-inhibitor-support/ **202-675-6984**

The Helping Hands Inhibitor Support Program is for people with a diagnosed bleeding disorder AND active inhibitor. Assistance can help cover medical travel (for medically necessary procedures, surgeries, or second opinions), educational support for children who miss school due to their inhibitor (assistance with the cost of tutoring or education-related supplies) for households who cannot afford these needs. See the webpage for more details.

SOUTHWEST AIRLINES MEDICAL TRANSPORTATION GRANT PROGRAM

https://www.southwest.com/html/southwest-difference/community-involvement/charities/medical_transportation.html

Southwest provides complimentary roundtrip tickets to nonprofit hospitals and medical transportation organizations for patients who need help traveling for life-saving or life-changing medical care. Southwest allows participating hospitals and medical transportation organizations the freedom to determine how to distribute the tickets to patients and/or caregivers. Therefore, patients and/or caregivers need to contact the program partners directly, as each partner has its own guidelines for administration of these tickets. Look up partners by state on the website.

back to top

MENTAL HEALTH RESOURCES

*For additional mental health resources please refer to the Mental Health Resources PDF on the Patient Assistance Portal at http://www.hemophiliafed.org/patientassistanceportal

- We understand that financial stress can exacerbate mental health issues. We encourage all
 community members to seek professional care for mental health as part of overall wellness.
- If you or a friend are in crisis:
 - o Text "Home" to 741741 to reach the Crisis Text Line
 - Call (800) 273-8255 for the National Suicide Prevention Lifeline. Prevención del suicidio en Español: (888) 628-9454
 - Call (800) 662-HELP for a referral to local treatment facilities, support groups, and community organizations for mental health and substance use disorders (Español disponible

back to top

UTILITIES

AT&T MOBILITY LIFELINE SERVICE

https://www.att.com/wirelesslifeline/

1-800-377-9450 Oregon 800.848.4442 Texas 866.454.8387 Puerto Rico 787.405.5463 Lifeline is a federal program that lowers the monthly cost of your wireless phone, home phone, or internet service. If you're eligible, you can get a discount of at least \$9.25 on your monthly bill. You may qualify for a discount based on any one of the following conditions:

- Your income level qualifies 135% or less than the federal poverty guidelines.
- You or someone else in your household participates in one of these federal assistance programs:
 - Supplemental Nutrition Assistance Program (SNAP), formerly called Food Stamps
 - Medicaid
 - Supplemental Security Income (SSI)
 - o Federal Public Housing Assistance (FPHA)
 - Veterans Pension and Survivors Benefit
 - Tribal Programs (and live on federally recognized Tribal lands)

ASSURANCE WIRELESS BY VIRGIN MOBILE

https://www.assurancewireless.com 1-800-321-5880

Provides a free cell phone, monthly free minutes and unlimited texts to income-qualifying households. Not available in every state, please check website or call for state specific information.

INTERNET ESSENTIALS FROM COMCAST

https://www.internetessentials.com/ 1-855-847-3356

Provides low-cost internet service and computers for income-eligible households. See details on the website.

SAFELINK WIRELESS

https://www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/index.html
Provides a free cell phone and limited number of free minutes to income-qualifying households. Not available in every state, please check website or call for state specific information.

VERIZON WIRELESS LIFELINE PROGRAM

https://www.verizonwireless.com/solutions-and-services/lifeline/ 1-800-417-3849

Provides discounted cell phone service to income-eligible customers and residents of Tribal Lands. Not available in every state, check website or call for state specific information.

back to top

Follow us @hemophiliafed on <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u> for the latest news, events, and information.