

Questions to Consider Before Enrolling in Martial Arts:



What medical training does the staff have?

(i.e. CPR, bloodborne safety, first aid, etc.)



What overall training does the staff have?

i. Who did this person learn from?

ii. How long did he or she study with this person?

iii. How long has he/she practiced this art?

iv. Does the teacher have any experience as a teacher, or is he or she simply a skilled martial artist? Just like great football players can make bad coaches (and vice versa), great martial artists are not necessarily great teachers.



Can I sit down with the staff before starting to educate the instructor(s) about my child's bleeding disorder?



Is there physical contact; student to student, student to staff?



How do you avoid getting hurt practicing martial arts? Is there protective equipment?



Is there physical contact with breaking boards or other items?



What is the cost of the classes/equipment?



How could you accommodate/include my child if he has a bleed? What about pro-rating tuition if my child is unable to attend for a majority of a month?



Can I stay to watch my child?



Are there certain forms of martial arts that are safer than others?



At what age can my child begin taking classes?



Am I able to observe a class or two before committing to the classes? ■■

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